



SJAF e-Magazine

SJA FOUNDATION

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The VINĊI Community Social Work Project in Ħaż-Żabbar

All through 2011, the Foundation continued to implement the STRINA 2009 and 2010 Vinċi project. All project workers involved strived hard to fulfil the aims of identifying and supporting hard-to-reach vulnerable and poor families with tenuous links to the health, mental health, family affairs and education sectors. A key tool of reaching the objectives of this community social work initiative is community outreach work in neighbourhoods with a concentration of families in difficulty.

Since the start of the initiative in March 2010, the Ġamra community social work service provided support to 262 individuals from 148 families as follows:

Year	Individuals referred	Families	Cases closed	Support sustained in the following year
2010	146	80	53	27
2011	116	68	21	47

In 2011, therefore, the team provided support to 95 families, including 27 referred during 2010.

The Vinċi service team during 2011 was made up of the following workers:

- 1 Community Social Worker who also fulfils the role of Project Leader; she also represents the Foundation on the Parish Diaconia Commission;
- 2 part-time Community Worker; one terminated her employment mid-year to pick up her studies;
- 1 part-time Senior Psychiatric Nurse for weekly family consultations;
- 1 occasional Counsellor (student on a practicum - Master in Counselling);
- 2 occasional part-time Grandparent Education workers, themselves grandparents;
- 1 Priest (Volunteer) who worked closely with the team; he is also responsible for the Diaconia Commission;
- 2 Volunteer Learning Support Tutors who supported 4 secondary level students from very vulnerable families; one has a Masters in Early Years Education and one is completing her Masters degree in Maltese.
- 2 University Social Work students (1 Placement B in early 2011 and 1 Placement A in late 2011);
- 1 Team consultant.

The team has its offices on the first floor of the Parish office adjacent to the parish church. However, other parish infrastructure is made use of such as the parish hall, the Ċentru Nazareth in the public housing zone, the Ċentru Maria Bambina and other buildings.

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Referrals of vulnerable families were made through the following sources:

- **17% were referred from the Parish priest and volunteer pastoral workers** from Kummissjoni Djakonija, Kunsill Pastoral Parrokjali. These worked closely with the VINĊI team and referred individuals for social work support and/or counselling.
- **32% were either self-referrals or referrals by relatives.** These referrals came mostly from people after hearing team members speak on either the community radio (Radio Hompesch) or through TV slots.
- **13% were identified** through outreach work in the community carried out by the social workers, community workers and senior psychiatric nurse. During 2011, outreach work was carried out intensely in two alleys, namely St. Michael's and St Francis's.
- **27% of referrals were from State agencies:** The Foundation had regular links with Aġenzija Appoġġ that refers vulnerable families on the waiting list of their generic social work service. The Foundation liaised with the social workers and Heads of Schools and Principal of the college that includes Żabbar in its catchment areas.
- **11% Others:** Some families heard about the project from friends and acquaintances or from the annual course on mental health organised by the Mental Health Association.

Services

The Vinċi initiative comprised the following services during 2011:

- Community-based Social Work carried out both at the Vinċi Project office as well as in families houses;
- Counselling at the project office;
- Family consultations provided by the Foundation's Senior Psychiatric Nurse; these were carried out at office and home basis;
- Literacy support to vulnerable youths;
- Support groups;
- Parental support group;
- Drop-in at project office level;
- Involvement in Foundation's wider activities.



Families supported

Between January and December 2011, 116 individuals from 68 families were newly referred for support.

Of the 68 newly referred families, 28 families were regularly followed up jointly by the Social Worker and Senior Psychiatric Nurse since successful outcome of the therapeutic interventions depended on sustained monitoring.

Of the 116 individuals supported:

- **52% of individuals supported suffer from mental health problems.**
- 28 (24%) were persons who responsibly care for **27** dear family member with mental health problems, disability, or other chronic health conditions. Of these 28, there are 2 young caregivers who are taking care of a parent or a sibling; another 7 are grandparents who regularly care for their grandchildren. Most of these 28 are overwhelmingly depressed due to their daily struggle to cope with the care of the sick family member.

Of the 27 individuals cared for by a family member:

5 are under the age of 20,
4 are over 20
7 are over 30
4 are between 40 & 50
7 are over the age of 60.

- The majority of families have financial and relationship difficulties.
- **Apart from the 28 persons mentioned above, another 32** suffer from chronic mental health problems; **5** of these have addiction problems.
- **10** individuals are frail elderly who live on their own but need constant monitoring. They have chronic health conditions but wish to remain in the community.
- **7** suffer from severe physical disability; 2 of these additionally suffer from a rare and condition that requires constant care.
- **7** children manifest severe challenging behaviour often resulting in truancy, loitering, foul language and no respect to older persons in authority.

The majority of families have financial and relationship difficulties. Other families live in inhumane conditions lacking in basic amenities such as water and electricity. Those living in the alleys have small houses lacking in ventilation and space, with interconnected rooms.

Collaboration with other organisations:

Żabbar Parish: Parish Pastoral Council, Diaconia Commission
 Housing Authority (Office of General Manager Ms Lorna Pavia)
 Aġenzija Appoġġ (CPS, DVU, Generic Services, AĊCESS Cottonera Community Team)
 Aġenzija Support
 Żabbar state schools
 Żabbar branch office of the Social Security Department
 Żabbar Local Council
 MCCF Social Work office
 Mater Dei Social Work office
 Mater Dei Psychiatric out-patients (POP) department
 Paola Mental Health Clinic and Day Centre
 Mt Carmel Hospital
 Malta Tourism Authority
 HSBC Bank Malta plc
 Sponsors to cover the needs of poor families
 Millenium Chapel Foundation (for EU food)



Group Activities carried out during 2011

Date	Group Activity	Venue	No. of participants
January to June	Support Group for Family Caregivers	Sala Parrokkjali	8
February	NannaKola Club – grandparent education aimed at grandparents who regularly care for a grandchild or more	Ċentru Nazaret, Housing Estate	15
March	Depression Support Group	Ċentru Antida, Tarxien	2 from Żabbar took part
March to November	Parenting Skills for vulnerable women: 6 sessions of 1.5 hours each	VINĊI office	8
April - ongoing	Literacy Group	Ċentru Antida, Tarxien	1 from Żabbar
28 April	Family Caregivers met Archbishop Mons. Paul Cremona	Archbishop's residence	6 from Żabbar
21 May	Stall with educational materials for parents set up during Lejla fil-Belt Hompesch. Community workers distributed handouts with useful information for parents and grandparents.	Haż-Żabbar	General public
13 - 15 May	Live-In for vulnerable children	Dar Santa Monika, St Paul's Bay	4 from Żabbar
16 June - 20 October	Arts & Crafts Sessions	Ċentru Antida, Tarxien	1 from Żabbar
15 July - 9 September	Summer Programme for vulnerable children	Ċentru Antida, Tarxien	10 from Żabbar
22 Septmber	Trip to Comino sponsored by HSBC Bank plc	Comino	3 from Żabbar
24 September	Trip to Airshow sponsored by HSBC Bank plc	Luqa	2 from Żabbar

During 2011, the project Community Social Worker participated in 10 monthly meetings of the Parish Diaconia Commission. The Social Worker assisted the Parish in preparing a data-base of very vulnerable families who could benefit from EU Food Aid and food hampers funded by the parish. Parish volunteers were also mobilised to befriend these families to ensure integration into the mainstream life of the community.

Supervision: The Community Social Worker benefited from 11 professional supervision sessions and weekly discussions about the service with the team consultant. She herself provided 9 supervision sessions to one of the Social Work students on a practicum at the Foundation.

Community Social Work interventions in 2011

Office-based Social Work interventions:

Social Worker- 52
Community Workers – 27
Senior Psychiatric Nurse – 20

Referral sources of the 68 new families:

Parish Priest and Pastoral workers: 12
Self-referrals and relatives: 22
State agencies: 19
Outreach: 8
Others: 7

Home-visits to vulnerable families:

Social Workers - 177
Community Workers – 26
Senior Psychiatric Nurse – 102

Work with service users referred in 2010:

Of the 146 individuals from 80 families referred and supported in 2010, the project team continued to provide on-going support to 27 in 2011. Successful closures were achieved in 2011 with 53 families referred in 2010, and 21 families referred in 2011.

Accompanying service users to government departments such as Housing Authority and Arms Ltd.: 36

Case-conferences involving other state agencies: 15.

ĦIDMA FI GRUPP MAŻ-ŻGĦAŻAĠH TAT-TARXIEN YOUTH CENTRE

Aħna żewġ studenti tat-tielet sena tal-kors tas-Social Social work fl-Università ta' Malta li jwassal għal B.A.(Hons.) Social Work. Ħdimna 'l fuq minn 300 mitt sigħa mal-Fondazzjoni biex nipprattikaw is-social work. Bħala parti mill-ħidma tagħna, wettaqna ħidma maż-żgħażaġh – madwar 30 – li huma membri tat-Tarxien Youth Centre immexxi mis-Sur Ġużi Farrell. Bdejna biex maż-żgħażaġh iddiskutejna xi temi jixtiequ li nitrattaw fil-laqgħat magħhom.

Mexxejna 8 laqgħat ta' sigħa u nofs il-waħda bejn il-31 ta' Ottubru sal-10 ta' Jannar. Ħadna sehem attiv ukoll f'żewġ Live-Ins magħhom. B'kollox, qattajna 44 sigħa ma' dawn it-30 adoloxxenti u żgħażaġh ta' bejn l-età ta' 13 u 19-il sena. It-temi li ttrattajna, magħżula miż-żgħażaġh stess kienu dawn: Il-Valuri tagħna, il-ħbiberija, il-peer pressure, kif naħdmu aktar mill-qrib ma' xulxin, ir-rizoluzzjonijiet tagħna għas-sena l-ġdida, u evalwazzjoni.

Fl-aħħar laqgħa magħhom, għamilna evalwazzjoni ħalli nħossu l-polz tagħhom u nitgħallmu x'wieħed għandu jagħmel aħjar u differenti darb'oħra. Hawn it-twegibiet ta' 26 minn 30 żgħażaġh.

	Tajjeb	Mhux ħażin	Ħażin
Kif ġew trattati t-temi magħżula minna	22	3	1
L-eżerċizzji prattiċi fi gruppi żgħar	13	12	1
Id-diskussjonijiet li kellna fil-grupp il-kbir u fi gruppi żgħar	12	11	3
It-tul tal-laqgħat	7	13	6
Kienu ta' beneficiċċju għalija?	23	2	1

Mis-suggerimenti u mill-kummenti li kitbu fuq il-karta tal-evalwazzjoni, irriżulta li, għal ħafna minn dawn iż-żgħażaġh, din kienet esperjenza pożittiva ħafna li ma jixtiequx li tisfaxxa fix-xejn.

Marica Aquilina u Rosalyn Farrugia

Aħbarijiet mill-Fondazzjoni

Data	Attività
5	Social Workers' planning meeting
6	Monthly meeting of Anti-Poverty Forum Malta (APF)
10	Full day team meeting: writing case histories as a training tool
12	Governing Board meeting
13	- Seminar on Social Enterprise – Unleashing Its Potential at Phoenicia Hotel organised by the Ministry of Finance, the Economy and Investment - Meeting at Ministry of Foreign Affairs regarding the SJAF overseas development project in Central African Republic (C.A.R) (see article in this issue of Magazine) - Meeting of Microfinance Malta with which SJAF is collaborating
16	Final assessment meeting for 2 3rd Year Social Work students completing their Practice Placement A (300 hours each) at the foundation
17	- Meeting with representatives of the Fgura Diaconia Commission to review progress of the Ġamra Community Social Work project in the parish funded by The Voices Foundation - Farewell meeting for Marica Aquilina and Rosalyn Farrugia on their completion of the Social Work practice placement
18	Launch Depression Support Group in Fgura as part of Ġamra Project 5,12,19,26 Writing Group for a group of children forming part of Learning Support Service. Group led by a Writing Process Tteacher from the Foundation for Educational Services (FES)
23	Participation in Joy Gospel Singers' rehearsal for March 3rd fundraising Concert
24	Cheque presentation event organised by Ministry of Foreign Affairs for NGOs whose ODA projects have been approved for implementation in 2012
25	Review of Learning Support provision for vulnerable secondary level children
4,11, 18,25	- Centering Prayer group (contemplative prayer) at Ċentru Antida (every) Wednesday - Professional team consultation regarding approach to social work support to families where occult practices are present - Review of community worker's responsibilities
26	Meeting with Marsa Diaconia Commission team to discuss approach to working with grandparents who regularly care for grandchildren
31	- Meeting on Social Enterprise and Enterprises - VINĊI Project Leader took part in the meeting of the Kunsill Lokali Żgħażaġħ Żabbar



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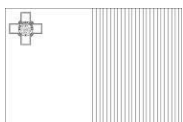


Il-Provinċja tas-Sorijiet tal-Karità bdiet twestaq proġett importanti ħafna billi se jwassal biex, fi ftit snin, il-kontijiet tal-elettriku taż-żewġ skejjel ikunu żero. L-iskola primarja St Joan Antide u l-iskola Sekondarja Immaculate Conception qed jibbenefikaw minn fondi tal-Unjoni Ewropea fil-qasam tal-enerġija. Is-sena li għaddiet, il-Provinċja hejjiet proġett għall-fondi mill-European Regional Development Fund (ERDF), fondi li l-gvern Malti huwa allokat mill-UE għas-snin 2007-2013. Il-proġett ġie approvat u bħalissa beda t-twettiq tiegħu.

Il-proġett jismu **STEPPING-UP ENERGY SAVING MEASURES IN 2 PROVINCIAL SCHOOLS**. Jinvolvi x-xiri u stallazzjoni ta' pannelli fotovoltaiċi fuq is-soqfa taż-żewġ skejjel. Dawn il-pannelli se jiġġeneraw biżżejjed elettriku biex ikopri l-ħtiġijiet għall-elettriku taż-żewġ skejjel. Apparti mill-benefiċċji ambjentali għax tonqos il-prensa fuq il-ġenerazzjoni tal-elettriku f'Malta, il-komunità skolastika se tibbenefika ukoll minn għarfien dwar x'miżuri kull familja tista' tadotta biex tadatta ruħha għall-bidliet fil-klima.

Id-Djoċesi ta' Malta qed tkegġeg l-iskejjel tal-Knisja biex jimxu lejn din id-direzzjoni sabiex iħarsu l-ambjent u ma jnaqqsu drastikament il-konsum tal-elettriku. Il-Provinċja qed taħdem ħafna biex, kemm fl-iskejjel, kif ukoll fil-kunventi tagħha, kulhadd jistinka biex iwettaq miżuri favur l-ambjent. Fil-Malta Tikkomunika il-Provinċja ħarġet linji gwidi f'din id-direzzjoni. Tiġa ttieħdu miżuri biex jinbiddu l-bozoz għal dawk li jikkonservaw l-enerġija, stickers biex kulhadd jiftakar jitfi s-switches, firda tal-iskart għar-riċiklaġġ u miżuri oħra.

Kemm l-għalliema taż-żewġ skejjel, kif ukoll l-istudenti u ġenituri se jingħataw tagħrif dwar kif jaqraw il-metres tal-pannelli fotovoltaiċi biex jidraw jinterpretaw kemm elettriku qed jiġi ġġenerat.



Operational Programme I – Cohesion Policy 2007-2013

Investing in Competitiveness for a Better Quality of Life

Project part-financed by the European Union European Regional Development Fund (ERDF)



Co-financing rates: 72.25% EU Funds, 12.75% National Funds,

15% Beneficiary Funds

Investing in your future

FUNDRAISING CONCERT

The **St Jeanne Antide Foundation** is a registered NGO that is actively engaged in offering a range of **services to very vulnerable families** including ones who have slid into a situation of poverty. We work at community level. This enables us to carry out outreach work; we knock on doors in zones with a concentration of social problems so as to identify at risk families who have never sought support. We run services in close collaboration with parish and locality structures and state services so to maximise benefits for families we support.

The well-known **Joy Gospel Singers** are organising a fundraising concert the details of which appear on the attached poster. Children from the **San Anton School Choir** will also be taking part. Funds raised will be used to partly finance our organisations's core services.

Concert date: Saturday 3rd March
 Start: 7.30pm sharp
 Place: Teresa Spinelli Hall,
 St Monica School,
 Brighella Street,
 Fleur-de-Lys, B'Kara
 Tickets: €10 for adults; €3 for
 children under 12

We would like to request your support by either:

- 1) Sponsoring this event for an amount between €50 and €200.
- 2) Sponsoring an amount of tickets to be given free of cost to very vulnerable and poor families who have never been to a cultural event. Each ticket costs €10.
- 3) Encouraging family members, relatives, friends and colleagues to attend. Buy tickets now.

Saturday, 3 March 2012, 7:30pm
Teresa Spinelli Hall
St Monica School, B'Kara*

Concert
 in aid of St Jeanne Antide Foundation

Joy Gospel Singers

**Entrance through Brighella Street, Fleur-de-Lys B'Kara*

with the participation of the
San Anton School Choir





Come
 enjoy help
 sing clap

Tickets: Adults €10
Children €3
 (under 12 yrs)

St Jeanne Antide Foundation, Tarxien - 21809011
 St James Cavalier, Valletta - 21223216
 Millenium Chapel Book Shop, St Julians - 21354464
 Joy Gospel Singers - info@joygospel.com

St Jeanne Antide Foundation – 51, Tarxien Road, Tarxien
 Tel No. 21809011 - 27672367
 Website: www.antidemalta.com Facebook: SfafAntideCentre







www.joygospel.com

Come, Sing, Clap, Enjoy & Help!



RECRUITMENT VOLUNTIERI ĠODDA – PROĠETT DAQQA T'ID

Qed infittxu voluntieri ġodda għal proġett ġdid - PROĠETT DAQQA T'ID. Dan se jibda bi start-up funding mill-VO Fund tal-Malta Council for the Voluntary Sector (MCVS). Il-VO Fund tal-MCVS qrib it-tmiem tas-sena li għaddiet kien ħareġ sejha għal proġetti minn għaqdiet volontarji. Għall-Proġett Daqqa t'Id il-Fondazzjoni se tircievi Ewro 3,000 għas-sena 2012.

Għal dan il-Proġett neħtieġu:

IRĠIEL IRTIRATI

GĦANDHOM HILA TA' HANDYMAN

GĦANDHOM L-GĦODOD TAGĦHOM

LESTI LI JAGĦMLU XI 4 SIGĦAT XOGĦOL VOLONTARJU FIL-ĠIMGĦA BĦALA HANDEMAN GĦAND FAMILJI FOQRA JAĦDMU F'TIM TA' 2

JITHARRĠU GĦAL DAN IL-VOLONTARJAT SOĠJALI

Min hu interessat, jikkuntattjana. Inħeġġukom thajru familjari biex jidhlu għal din l-isfida.

GRAZZI!

OVERSEAS DEVELOPMENT PROJECTS

Basic literacy and vocational education and training for very poor teenage mothers and adult women: The St Jeanne Antide Foundation, in partnership with the Nemesia Centre run by the Sisters of Charity in Berberati, Central African Republic, has obtained Euro14,000 from the ODA Unit of the Ministry for Foreign Affairs in Malta for a project entitled **Skills Development Among Poor Single Teenage Mothers**.

The project will upgrade the Nemesia Centre for vocational and home management training for very vulnerable girls, mostly poor single teenage mothers, lacking schooling and life-opportunities. Established in 2004 by the Sisters of Charity, the Nemesia Centre, a special school for vulnerable women, will be provided with the equipment, resources and facilities, especially safe water, that it lacks and needs, so as to effectively implement the varied curriculum in future years. The project will also finance the training of 121 vulnerable women during the one-year project period, and improve facilities for 68 other poor women using the Centre for income generation activities in after-school hours.



Started: Malta-funded Sisters' project in Wadakona South Sudan

Started: Malta-funded Funded Sisters' project in Wadakona South Sudan

The Overseas Development Assistance team of the St Jeanne Antide Foundation (SJAF) reports that the project in South Sudan, which had been delayed by half a year owing to local violence, has now started. The project's contractual agency is the Malta Province of the Sisters of Charity, while the project implementation agency is the community of the Sisters of Charity in Wadakona, near the northern border of the newly-formed but troubled country of South Sudan. SJAF assisted these two institutions in project design and various types of liaison work. The Malta Province applied for funds to the Ministry for Foreign Affairs of the Government of Malta, which kindly agreed to grant the funding. The Ministry have approved the new starting-date for the one-year project; it's 28 th January 2012.

It is mostly women that are to be involved in the project. Some of them are widows of husbands massacred in the various past conflicts of between Sudan and what is now South Sudan. A set of processes traditionally called "community development" in the English-speaking world is

intended to be triggered by this project. Meetings of groups, assemblies, and committees of local people are expected to determine local priorities and propose initiatives such as social and health services and small enterprises that will fulfil these priorities. The project includes small revolving funds for small credit loans to micro-entrepreneurs. It is a very poor area devoid of most infrastructure. There are no banks, food is scarce, transport is difficult, economic development is minimal.

Yet the people are dynamic and hopeful, and the land is fertile.

Sr Evelina, who is in charge of the project in Wadakona, says *"we would like to inform you that we had a meeting last week with a good group of women to discuss about our program. It went well and we have agreed to start with workshop next week ... on leadership."* Best wishes for the success and impact of your work, Sr Evelina and Sisters and colleagues in Wadakona!



Local women attending a meeting organised by the Sisters at Wadakona

Fit-Tmiem

fit-tmiem
meta l-weraq jinxfu
b'ilwien immewtin, ċrieċer
imbiċċrin fil-ħamrija –
x'jigri fit-tmiem
u kif għandi mmut?

xxx...
qal il-weraq il-ħaj fir-riħ
waqt li l-bhejjem nisslu kliem
taħt l-ilsien:

*bniedem miskin,
did-dinja ħajja b'ruħ il-Kobor
li jagħtik merħba, u tagħtigħ,
bil-għarfien, u mhux bil-ħsieb*

*għandek tmut...
...bl-istess hena w kalma fonda
li bihom messek għext*

Paġna Poeżija

kliem dħuli, taħt l-ilsien
minn tigra qed tmut
u pitirross għoddu miet
wiċċhom lejn inzul ix-xemx
lejn dak li mhux maħtuf
minn ebda' ħsieb,
lilhinn minn kull firda
u l-ħin

*l-issa tiegħek huwa żmien
biex terħi minn idejk u ċ-ċedi bla kliem
żmien biex tħobb, sakemm hemm żmien*

*lill-mewġa li tinkiser
ħalliha tgħajjat bħar-raqhad
sal-fond ta' qiegħ il-baħar
li jsejjhilha fil-fond mistur*

*u thenna, għax tkun sibt
il-bidu
qabel it-tmiem.*

tony macelli 27 Jan 2010

**NEW
VOLUNTEERS**

Jael Briffa

Celaine Borg

Elvio Fenech

**Gruppi ta' appoġġ godda - Proġett Ġamra fil-Parroċċa tal-Fgura**

Matul Jannar inbdew żewġ gruppi godda fil-Fgura - Depression Support Group immexxi mis-Senior Psychiatric Nurse li tmexxi s-Servizz Lwien tal-Fondazzjoni. Qed jattendu 12-il persuna. Inbeda wkoll Grupp dwar it-Trobbija tat-Tfal. Dan il-grupp jiltaqa' kull nhar ta' Erbgħa bejn id-9.15 u l-11.45 ta' filgħodu qed jitratta temi bħall-istima ta' wieħed innifsu, ir-risponsabbiltajiet ta' ġenitur, ir-risponsabbiltajiet tat-tfal fil-familja, il-kominikazzjoni bejn il-membri tal-familja, is-self esteem tat-tfal, l-addictions, is-sesswalità, is-saħħa tat-tfal, l-ispiritwalità, kif tqassam il-flus u tfaddal, u portfolio għal ġenituri dwar it-tagħlim tul il-ħajja. Qed jattendu 6 ġenituri mgħejjuna mis-Social Worker tal-proġett. Qed tmexxi l-grupp Pauline Agius, Community Worker b'mistednin kultant biex jitrattaw uħud mit-temi magħżula.



